

Today's liturgy invites us to take up again the reflections on Christian discipleship that we began last Sunday. Last week we considered what Christian discipleship has in common with the following of inspiring human leaders. The vivid picture painted by Mark in today's gospel reading highlights characteristics of Christian discipleship that have no parallel in the world of human discipleship.

In our common human experience, the decision to become a disciple is first and foremost a decision made by the follower. The decision to become a disciple of the Saviour has its origin in the decision and call of the Lord himself. Mark's brief narrative probably has its basis in a more complex sequence of events... - in which the four fishermen have already heard the 'Good News' preached by Jesus...

To read Fr. Thornhill's entire reflection, scan the QR code or visit his website at www.theemmausseries.com/bo3sunday.html



**NEXT WEEKEND IS
COMMITMENT WEEKEND**

Thank You...

- Thank you for your willingness to learn about this effort.*
- Thank you for your support for our parish.*
- Thank you for your vision for our greater Church.*
- Thank you for your commitment to our future.*

Next weekend marks the conclusion of our historic capital campaign. Thank you to our generous parishioners and volunteers for your support throughout this process. We are so grateful for your enthusiasm towards this initiative and for your vision for our parish community. Together, we are helping ensure a strong, more vibrant Catholic Church for years to come. We are humbled by the support and generosity of our parish families to help reach our target. With all our parish households participating in sacrificial consideration, we have the opportunity to reach our campaign goal. In doing so, we demonstrate a commitment to our mission - to transform into the image of Christ and thereby deepen the bonds of love among us as we reach out to our neighbourhood and world in service of the Kingdom.

At each Mass next weekend, we will offer an opportunity to document your most generous gift decision. We pray you will join us in this historic effort.

We need gifts of all sizes! Over the next week, please pray about how you can impact the future of our Church. We hope to receive a decision from every family at each Mass next weekend.

Total Pledge	Annual Amount	Monthly Amount	Weekly Sacrifice	Daily Sacrifice	Consider Sacrificing...
\$12,000	\$2,400	\$200	\$46	\$6.58	Weekly Dinner Out for Two
\$9,000	\$1,800	\$150	\$34	\$4.95	Daily Starbucks
\$6,000	\$1,200	\$100	\$23	\$3.28	Premium Cable Subscription
\$3,000	\$600	\$50	\$11	\$1.64	Monthly Gym Membership

Your gift decision is a personal process. You may choose to pledge above, below, or somewhere in between these values. We are thankful for sacrificial pledges of all sizes.

The call of the disciples is so familiar to us that we tend to miss the wonder of their response, which was immediate and complete; they leave everything and follow Jesus. Can we do less if we feel that God is calling us to the priesthood, religious life or diaconate?

If you think God is calling you to a Church vocation, contact Fr. Chris Lemieux 416-968-0997 vocations@vocations.ca www.vocationstoronto.ca

PARISH

Readings ~ Jonah 3:1-5, 10 ~ 1 Corinthians 7:29-31 ~ Mark 1:14-20

Mass Intentions This Week — January 26 to February 1

Please join us as we pray for the following announced intentions...

	Intention(s):	Offered by:
Monday, 9am	✠ Patricia Murray	Eta
Tuesday, 9am	✠ Peter George	Jack & Joan Drohan
Wednesday, 9am	✠ Robert Mitchell	Roma
Thursday, 9am	✠ Patricia Murray	Bill & Georgina McGee
Friday, 9am	✠ John Moorhouse	Greg & Marilynne Teskey
Saturday, 9am	✠ Margaret deGa	The family
5:15pm	✠ For the needs of our parish and faithful parishioners ✠	
Sunday, 8am	✠ Michael Baker	The Nyilassy family
9:30am	✠ Romualds Dubrovskis	J. Miklasevics & V. Kaulins
11am	✠ Irene Vidad	Margaret Tipping
12:30pm	✠ Guido & Teresa Mammolite	Chris Mammolite

Pancake Tuesday Returns! — Feb. 17, continuous buffet service from 5–7pm

The ShareLife committee will again be hosting this 'ambrosial' event in the parish hall. Enjoy pancakes & sausage, along w/coffee, tea or orange juice... maple syrup, anyone?

► **Volunteers are needed** from 3–8pm. Please contact the parish office if you can help.

'Final Fridays' Fellowship — last Friday of each month, after 9am Mass

Everyone is invited to the parish hall for coffee, tea and breakfast rolls. Take advantage of this special opportunity to get to know your neighbour. **All are welcome... bring a friend!**

Stretch & Flex — all are welcome! — Tuesdays, 6:30–7:30pm in the parish hall

\$10 per session. Bring a yoga-type mat, perhaps a bottle of water and wear comfy clothing!

Confirmation Catechetical Sessions Tues. Feb. 3, 7:30pm or Sun. Feb. 8, 2–3pm

These sessions are for parents, sponsors and candidates. Parents and sponsors should gather in the parish hall, where catechists will lead a brief reflection on the theology of confirmation. In the church, Fr. Nino will lead a reflection and discussion with candidates. Further instructions for the March retreats & confirmation Masses will be provided at this time.

Rosary Group — stay and pray daily, after 9am Mass + Fridays, 2pm

Five decades daily, fifteen decades on Fridays followed by the Chaplet of Divine Mercy.

The Rosary and Divine Mercy Chaplet are "a spiritual medicine... good for your heart, for your soul, for your whole life."

Franciscans

Parishioners! Send Us Your Historical OLS Photos!

A photo gallery is being assembled for the parish website. What can you share? Photos of your wedding? A parish group? A special event? Early shots of the church? Email photos@sorrows.ca — don't forget a brief description! Only have a print? Let us know and we'll make arrangements to have it digitized. **Many thanks.**



Attention OLS Youth — Are you ready to step up and serve?

Please consider joining our amazing community of young parishioners in their mission to serve at Sunday Mass. For more info, contact ministry coordinator Kristen Scanlan via email at kristen@sorrows.ca today!

COMMUNITY

Theology on Tap: Ask the Bishop — Monday, January 26, 7–9pm

Faith Connections invites young adults (19-39) to join us for an evening of thought-provoking theological discussion in a comfortable and relaxed setting. Our special guest, Bishop Wayne Kirkpatrick, will answer any questions you have about our faith. Munchies provided. Cash bar. Duke of York Pub, 39 Prince Arthur Ave. Come and bring a friend! For more info, call John-Paul Markides at 416-467-2645 or visit www.faithconnections.ca

Inspirational Talk "Journey Through Sorrow to Hope" — Tues., Jan. 27, 7–9pm

Holy Family Parish, 91 Ribblesdale Dr. in Whitby, is hosting an inspirational talk presented by Catholic Family Services of Toronto - New Beginnings with guest speaker Sally Amaral, MTS. For more info, call 416-921-1163, ext. 2235 or email mabenincasa@cfstoronto.com

Come & See Weekend — January 30–February 1

The Office of Vocations is hosting a retreat for men 18 years & older. This weekend offers a way for men discerning a possible call to priesthood to meet seminarians, hear a number of vocation testimonies and to receive first-hand experience of seminary life. For more info, please call us at 416-968-0997 or email vocations@archtoronto.org



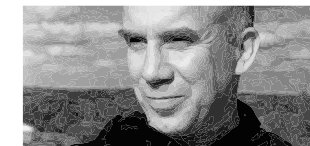
Archdiocese of Toronto

Eucharistic Adoration & Fellowship — January 30, 7:30–10:30pm

All young adults are invited to start the year off right! Spend an hour with Jesus in prayer, worship and reflection, followed by a social to celebrate the New Year and meet more young adults from the western region of the archdiocese. Confessions will be offered throughout the evening. Hot chocolate social to follow in the upper hall. St. Francis Xavier Parish, 5650 Mavis Rd., Mississauga. For more information, contact the Office of Catholic Youth at 416-599-7676, youth@ocytoronto.org or visit www.ocytoronto.org

The Unquiet Monk — Thomas Merton as a Spiritual Guide for Our Time

Join us as we celebrate the 100th Anniversary of the birth of world-renowned monk and spiritual writer, Thomas Merton. Award-winning author, broadcaster & Merton scholar, Dr. Michael W. Higgins offers an engaging exploration of the contemporary relevance of Merton's life & witness that will inspire and enrich your own life. You won't want to miss this free dinner (6–7pm) and talk (7–9pm) which takes place on January 31 at St. Peter's Church, 659 Markham St. RSVP to rsvp@novalis.ca or call 416-363-3303, ext. 252.



Home Stay Opportunities — Holy Name of Mary College School

We're looking for families interested in hosting international students in their home. These girls come from good families and have basic English language capability. Compensation is provided. If you are interested please contact Giselle Fernandes at admissions@hnmcs.ca



Lay Spiritual Formation Workshop Saturday, Feb. 7, 9:30am–2:30pm

In celebration of their 25th Anniversary, The Institute of Theology presents "Lay Leadership In The Public Square" on at St. Augustine's Seminary, 2661 Kingston Rd., Scarborough. Cost: \$40 including lunch. Register at ifstas@rogers.com or call 416-261-7207, ext. 235.

Music Night at Mary, Mother of God School — Saturday, Feb. 7, 7:30pm

Our wonderful live house band will take us on a journey through the 60's, 70's and 80's. Tickets are \$20 (adults only). Munchies, desserts, coffee & cash bar. 1515 Queen St. W., near Beatty Ave. Entrance at the end of the driveway. For tickets, please call 416-531-7897.